

# June

# 2022



Calendar Month

Calendar Year

Monday	Tuesday	Wednesday	Thursday	Friday
30 <b>CLOSED</b>	31 Hard Boiled Eggs <sup>2</sup>  Pancake <sup>1236</sup>  Orange Milk <sup>1*</sup>	01 Whole Wheat Pita Bread <sup>36</sup>  Provolone cheese <sup>1</sup>  Melon Milk <sup>1*</sup>	02  Oatmeal <sup>1</sup>   Pineapple Milk <sup>1*</sup>	03    Cereal   Melon Milk <sup>1*</sup>
06  Turkey Sausage Patty  Pancake <sup>1236</sup> Orange Milk <sup>1*</sup>	07 Yogurt <sup>1</sup>  Pineapple Milk <sup>1*</sup>	08 Oatmeal <sup>1</sup>  Melon Milk <sup>1*</sup>	09  Cereal  Banana Milk <sup>1*</sup>	10 Hard Boiled Eggs <sup>2</sup>  Pancake <sup>1236</sup> Melon Milk <sup>1*</sup>
13 Hard Boiled Eggs <sup>2</sup>  Whole wheat bread <sup>36</sup> Orange Milk <sup>1*</sup>	14 Whole Wheat Pita Bread <sup>36</sup> Low-fat Cream Cheese <sup>1</sup>  Pineapple Milk <sup>1*</sup>	15 Oatmeal <sup>1</sup>  Melon Milk <sup>1*</sup>	16  Cereal  Banana Milk <sup>1*</sup>	17 Refried Beans <sup>5</sup>  Plantains Melon Milk <sup>1*</sup>
20 <b>CLOSED</b>	21 Turkey Sausage Patty  Whole grain waffle <sup>1236</sup> Banano Milk <sup>1*</sup>	22 Yogurt <sup>1</sup>  Pineapple Milk <sup>1*</sup>	23 Oatmeal <sup>1</sup>  Melon Milk <sup>1*</sup>	24 Cereal  Orange Milk <sup>1*</sup>
27 Hard Boiled Eggs <sup>2</sup>  Pancake <sup>1236</sup> Orange Milk <sup>1*</sup>	28 Whole Wheat Pita Bread <sup>36</sup> Provolone Cheese <sup>1</sup>  Melon Milk <sup>1*</sup>	29 Oatmeal <sup>1</sup>  Banana Milk <sup>1*</sup>	30  Cereal  Pineapple Milk <sup>1*</sup>	01 Turkey Sausage Patty  Whole grain waffle <sup>1236</sup> Melon Milk <sup>1*</sup>

**Notes: This menu is subject to change**


Green: Local Products

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy, <sup>7</sup>Lentils

\*Milk: 1 yr-old children (Unflavored Whole Milk)  
2-5 yrs-old (Unflavored 1% Milk)

*This institution is an equal opportunity provider*

# Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
30 <b>CLOSED</b>	31 Garbanzo Fried Rice w/ peas & carrots <sup>56</sup>  Green Salad  Orange Milk* <sup>1</sup>	01 Pasta Penne w/ beef, cheese & tomatoes <sup>13</sup>  Cucumbers  Melon Milk* <sup>1</sup>	02 Chicken Paella w/ green beans  Green Salad  Banana Milk* <sup>1</sup>	03 Enchiladas w/ black beans, tomatoes, cheese & ww tortilla <sup>1356</sup>  Strawberries Milk* <sup>1</sup>
06 Vegetarian Bolognesa w/ Diced Tomatoes <sup>7</sup>  Whole Wheat Pasta <sup>3</sup>  Apple Milk* <sup>1</sup>	07 Beef Fried Rice w/ peas & carrots <sup>6</sup>  Cucumbers  Pineapple Milk* <sup>1</sup>	08 Chicken Lime & Cilantro <sup>6</sup>  Broccoli  Whole Wheat Roll <sup>36</sup>  Melon Milk* <sup>1</sup>	09 Spanish Tortilla <sup>12</sup>  Coleslaw  Ww pita bread <sup>36</sup>  Orange Milk* <sup>1</sup>	10 Arroz con gandules and beef <sup>5</sup>  Green Salad  Melon Milk* <sup>1</sup>
13 Baked Macaroni & cheese <sup>13</sup>  Broccoli Apple Milk* <sup>1</sup>	14 Chicken Tinga w/ corn  Green Salad  Ww pita bread <sup>36</sup> Pineapple Milk* <sup>1</sup>	15 Deconstructed stuffed peppers with beef  Brown rice  Melon Milk* <sup>1</sup>	16 Chicken Terriyaki w/ carrots & celery <sup>6</sup>  Barley&Quinoa <sup>3</sup> Strawberries Milk* <sup>1</sup>	17 WW Pasta salad w/ feta cheese and tomatoes <sup>13</sup>  Baby Carrots  Banana Milk* <sup>1</sup>
20 <b>CLOSED</b>	21 Lentils w/ carrots & spinach <sup>7</sup>  Brown rice  Apple Milk* <sup>1</sup>	22 Meatloaf w/ peas & carrots  Whole Wheat bread <sup>36</sup>  Melon Milk* <sup>1</sup>	23 <b>International Day</b>  	24 Tuna Fried Rice w/ peas & carrots <sup>46</sup>  Green Salad Strawberries Milk* <sup>1</sup>
27 Black Beans <sup>5</sup>  Brown rice Green Salad Apple Milk* <sup>1</sup>	28 Chicken Stir Fry w/ green beans <sup>6</sup>  Barley/Quinoa <sup>3</sup> Banana Milk* <sup>1</sup>	29 Chicken Legs  Broccoli  Whole Wheat Roll <sup>36</sup>  Piña Milk* <sup>1</sup>	30 WW Pasta w/ white beans & zucchini <sup>35</sup>  Cucumbers  Orange Milk* <sup>1</sup>	01 Open Faced Hamburger  Lettuce, tomato & cheese <sup>1</sup> WW bread <sup>36</sup> Strawberries Milk* <sup>1</sup>

**Notes: This menu is subject to change**

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy, <sup>7</sup>Len

Green: Local Products

\*Milk: 1 yr-old children (Unflavored Whole Milk)  
2-5 yrs-old (Unflavored 1% Milk)

# Lunch

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Monday	Tuesday	Wednesday	Thursday	Friday
30	31	01	02	03
<b>CLOSED</b>	WG Goldfish <sup>13</sup> Pineapple	Cheese <sup>1</sup> Banana	WW Animal Crackers <sup>36</sup> Orange	Yogurt <sup>1</sup> Strawberries
06	07	08	09	10
WG Cheez it crackers <sup>136</sup> Melon	WG Goldfish <sup>13</sup> Orange	Bread with Cheese <sup>136</sup>	WW Animal Crackers <sup>36</sup> Pineapple	Yogurt <sup>1</sup> Banana
13	14	15	16	17
Pretzels <sup>3</sup> Melon	Graham Crackers <sup>36</sup> Banana	Bread with Cheese and Turkey Ham <sup>136</sup>	Apple Muffin <sup>1236</sup> Melon	WG Goldfis <sup>13</sup> Strawberries
20	21	22	23	24
<b>CLOSED</b>	WG Cheez it crackers <sup>136</sup> Banana	Cheese <sup>1</sup> Pineapple	Graham Crackers <sup>36</sup> Orange	Bread with Cheese <sup>136</sup>
27	28	29	30	01
Cheese <sup>1</sup> Banana	WG Cheez it crackers <sup>136</sup> Orange	Yogurt <sup>1</sup> Melon	Apple Muffin <sup>1236</sup> Pineapple	Graham Crackers <sup>36</sup> Strawberries

**Notes: This menu is subject to change**

<sup>1</sup>Dairy, <sup>2</sup>Egg, <sup>3</sup>Gluten, <sup>4</sup>Fish, <sup>5</sup>Beans, <sup>6</sup>Soy

# Snack