

April

2022



Calendar Month

Calendar Year

Monday	Tuesday	Wednesday	Thursday	Friday
28 Turkey Sausage Patty Whole grain waffle ¹²³⁶ Banana Milk ^{1*}	29 Yogurt ¹ Pineapple Milk ^{1*}	30 Oatmeal ¹ Melon Milk ^{1*}	31 Cereal Orange Milk ^{1*}	01 Refried Beans ⁵ Platains Melon Milk ^{1*}
04 Turkey Sausage Patty Pancake ¹²³⁶ Banana Milk ^{1*}	05 Whole Wheat Pita Bread ³⁶ Low-fat Cream Cheese ¹ Pineapple Milk ^{1*}	06 Oatmeal ¹ Melon Milk ^{1*}	07 Cereal Melon Milk ^{1*}	08 Hard Boiled Eggs ² Whole grain waffle ¹²³⁶ Orange Milk ^{1*}
11 Hard Boiled Eggs ² Whole wheat bread ³⁶ Banana Milk ^{1*}	12 Whole Wheat Pita Bread ³⁶ Low-fat Cream Cheese ¹ Melon Milk ^{1*}	13 Oatmeal ¹ Orange Milk ^{1*}	14 Cereal Melon Milk ^{1*}	15 CLOSED
18 Turkey Sausage Patty Whole grain waffle ¹²³⁶ Orange Milk ^{1*}	19 Yogurt ¹ Banano Milk ^{1*}	20 Oatmeal ¹ Pineapple Milk ^{1*}	21 Cereal Melon Milk ^{1*}	22 Refried Beans ⁵ Platains Melon Milk ^{1*}
25 Hard Boiled Eggs ² Pancake ¹²³⁶ Banana Milk ^{1*}	26 Whole Wheat Pita Bread ³⁶ Low-fat Cream Cheese ¹ Orange Milk ^{1*}	27 Oatmeal ¹ Melon Milk ^{1*}	28 Cereal Pineapple Milk ^{1*}	29 Turkey Sausage Patty Whole wheat bread ³⁶ Melon Milk ^{1*}

Notes: This menu is subject to change

Green: Local Products

¹Dairy, ²Egg, ³Gluten, ⁴Fish, ⁵Beans, ⁶Soy, ⁷ Lentils

*Milk: 1 yr-old children (Unflavored Whole Milk)
2-5 yrs-old (Unflavored 1% Milk)

This institution is an equal opportunity provider

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
28 Garbanzo Fried Rice w/ peas & carrots ⁵⁶ Cucumber Salad Brown Rice Apple Milk* ¹	29 Chicken and Vegetables Lo Mein ³⁶ Green Salad Orange Milk* ¹	30 Bean Tacos ⁵ Lettuce and Cheese ¹ Whole Wheat Tortilla ³⁶ Pineapple Milk* ¹	31 Chicken Stew w/ ⁶ Zucchini and Carrots Quinoa/ Barley ³ Melon Milk* ¹	01 Beef Bolognesa w/ Diced Tomatoes Whole Wheat Pasta ³ Banana Milk* ¹
04 Lentils w/ carrots & spinach ⁷ Brown rice Apple Leche * ¹	05 Turkey meat balls w/ diced tomatoes ¹²³⁶ WW pasta ³ Green Salad Pineapple Milk* ¹	06 Chicken Legs ⁶ Broccoli Whole Wheat Roll ³⁶ Melon Milk* ¹	07 Spanish Tortilla ¹² Cucumber & tomato salad Whole Wheat Roll ³⁶ Orange Milk* ¹	08 Chicken Paella w/ Green Beans Brown Rice Melon Milk* ¹
11 Black Beans ⁵ Green Salad Apple Milk* ¹	12 Chicken Legs ⁶ Broccoli Whole Wheat Roll ³⁶ Pineapple Milk* ¹	13 Chicken Pesto Pata w/ tomatoes, cheese & spinach ¹³ Green Salad Melon Milk* ¹	14 Moroccan beef w/ garbanzo & tomatoes ⁵ Brown rice Melon Milk* ¹	15 CLOSED
18 Lentils w/ carrots & spinach ⁷ Brown rice Apple Milk* ¹	19 Beef Bolognesa w/ Diced Tomatoes Whole Wheat Pasta ³ Melon Milk* ¹	20 Chicken Legs ⁶ Broccoli Whole Wheat Roll ³⁶ Orange Milk* ¹	21 Chicken Alfredo ¹ Green Salad Brown rice Banana Milk* ¹	22 Earth Day 
25 Garbanzo Fried Rice w/ peas & carrots ⁵ Green Salad Brown Rice Apple Milk* ¹	26 Baked Penne Pasta ¹³ Beef ,Cheese w/ Diced Tomatoes Green Salad Whole Wheat Pasta ³ Melon Milk* ¹	27 Bean Tacos ⁵ Lettuce and Cheese ¹ Whole Wheat Tortilla ³⁶ Banana Milk* ¹	28 Chicken Stew w/ ⁶ Zucchini and Carrots Quinoa/ Barley ³ Pineapple Milk* ¹	29 Tuna Casserole w/peas & carrots ¹³⁴ Green Salad Orange Milk* ¹

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Lunch

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28 WG Goldfish ¹³ Pineapple	29 Cheese ¹ Banana	30 WW Animal Crackers ³⁶ Orange	31 Yogurt ¹ Melon	01 Apple Muffin ¹²³⁶ Melon
04 Graham Crackers ³⁶ Melon	05 WG Goldfish ¹³ Orange	06 Bread with Cheese ¹³⁶	07 WW Animal Crackers ³⁶ Pineapple	08 Yogurt ¹ Banana
11 Pretzels ³ Melon	12 Graham Crackers ³⁶ Banana	13 Bread with Cheese and Turkey Ham ¹³⁶	14 Apple Muffin ¹²³⁶ Melon	15 CLOSED
18 WG Cheez it crackers ¹³⁶ Banana	19 Cheese ¹ Pineapple	20 Graham Crackers ³⁶ Orange	21 Bread with Cheese ¹³⁶	22 Yogurt ¹ Melon
25 WG Goldfish ¹³ Melon	26 Cheese ¹ Banana	27 WG Cheez it crackers ¹³⁶ Orange	28 Yogurt ¹ Melon	29 Apple Muffin ¹²³⁶ Pineapple

Notes: This menu is subject to change

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Snack